

# Yoga / Deep Stretching

Offering	Duration	Includes	Investment
<b>Bespoke Yoga Consultation &amp; Custom Plan</b>	<b>30 min + 30-min follow-up</b>	Private 1:1 consultation to assess physical condition, flexibility, lifestyle, and goals. Includes a customized yoga plan plus one 30-minute guided follow-up practice session.	<b>CHF3,000</b>
<b>Additional Follow-Up Session</b>	30 min	Additional guided yoga practice session to refine alignment, deepen flexibility, and support progress.	<b>CHF250</b>
<b>Guidance Consultation</b>	30 min	Introductory session to assess goals and physical condition, and recommend the most suitable yoga approach. No custom plan or follow-up included.	<b>CHF300</b>
<b>Couple's Yoga Experience</b>	<b>30-min consultation + 90-min session</b>	Private consultation followed by a tailored yoga and breathwork experience designed to enhance connection, relaxation, and shared well-being.	<b>CHF1000</b>
<b>Group Yoga Experience</b>	<b>30-min consultation + 90-min session</b>	Pre-session consultation and a customized 90-minute yoga class designed for small groups, events, or corporate wellness.	<b>CHF1500 (up to 8 participants)</b>
<b>Additional Team Party Participant</b>	—	Per person beyond 8 participants.	<b>CHF75 per person</b>

For all **Studio** bookings, an additional **150CHF** will be added to the listed price.

## Travel Terms for Yoga / Deep Stretching Sessions

For all sessions requiring travel, the following conditions apply:

- Travel Fee:** A flat **additional charge** will be applied for all sessions requiring travel:
  - **Local Travel (Within 50 km of my location)** CHF 200
  - **Regional Travel (51–150 km from my location):** CHF 500
  - **Long-Distance Travel (151+ km):** CHF 700
  - **International Travel (Europe):** CHF 2,000 per travel day
  - **International Travel (Intercontinental – e.g., Dubai, US, Asia):** CHF 10,000 per travel day

2. **Accommodation:** If an overnight stay is required, accommodation costs will be the responsibility of the client and billed at cost. CHF 500/night
  
3. **Cancellation Policy:**
  - **Up to 72 hours prior to the session in Zurich area or online:** Clients can cancel for a **full refund**.
  - **Within 72 hours:** Cancellations made within 72 hours of the scheduled session will incur a **100% charge** of the total booking price, including any travel fees.
  - **Up to 14 days prior to the long distance session:** Clients can cancel for a **full refund**.
  
4. **Payment:**
  - **30 days before** the scheduled event for long distance sessions. All payments can be made via bank transfer, credit card, or PayPal.
  - **At least 72 hours** prior to the session, whether online or in person (local/regional)